Prince George Outdoor Ice Oval Society

OUTDOOR ICE OVAL CHALLENGE

SKATE THE LINE TRACKING SHEET

Name: _____ Reg. # _____

Each lap of the Oval is 400 metres or .4 of a kilometer. (Multiple the # of laps by .4 for the distance skated e.g. 10 laps X .4 = 4 kms).

Date m / d / yr	Laps Skated	X .4	Distance Skated	Total Distance
_____/_____/_____	_____	X .4	_____ km	_____ km
_____/_____/_____	_____	X .4	_____ km	_____ km
_____/_____/_____	_____	X .4	_____ km	_____ km
_____/_____/_____	_____	X .4	_____ km	_____ km
_____/_____/_____	_____	X .4	_____ km	_____ km
_____/_____/_____	_____	X .4	_____ km	_____ km
_____/_____/_____	_____	X .4	_____ km	_____ km
_____/_____/_____	_____	X .4	_____ km	_____ km
_____/_____/_____	_____	X .4	_____ km	_____ km
_____/_____/_____	_____	X .4	_____ km	_____ km
_____/_____/_____	_____	X .4	_____ km	_____ km
_____/_____/_____	_____	X .4	_____ km	_____ km
_____/_____/_____	_____	X .4	_____ km	_____ km
_____/_____/_____	_____	X .4	_____ km	_____ km
_____/_____/_____	_____	X .4	_____ km	_____ km